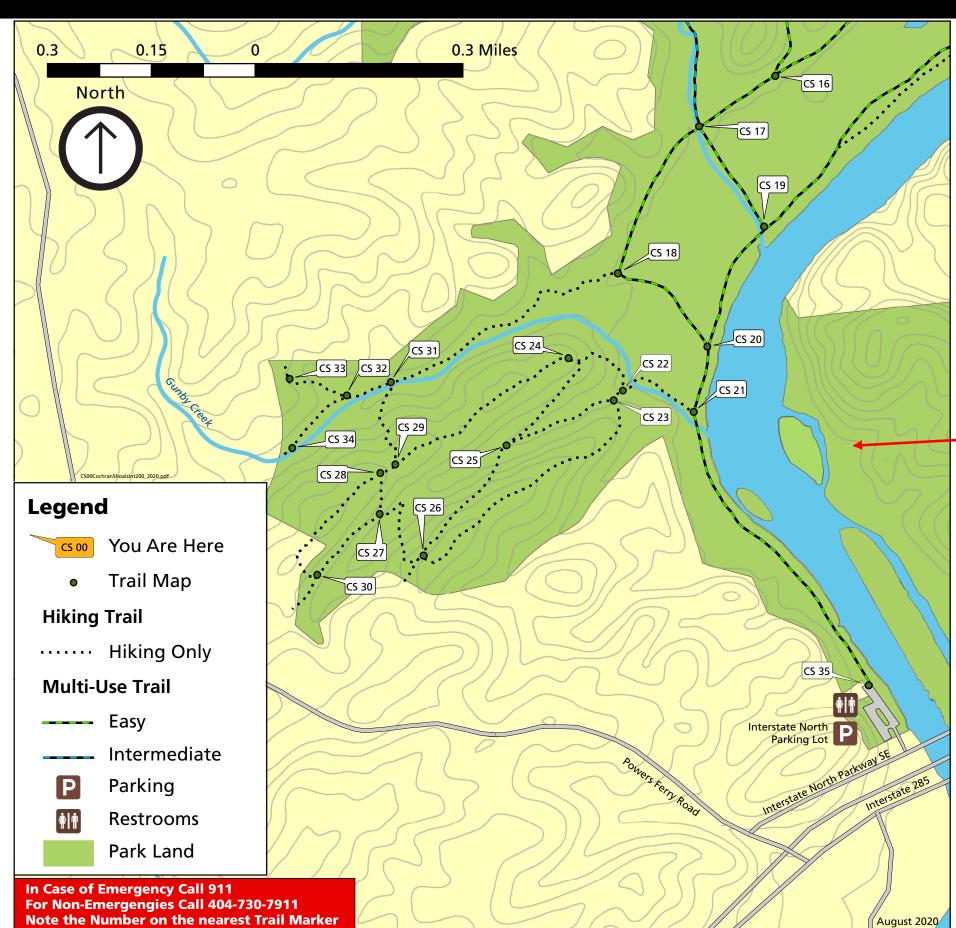
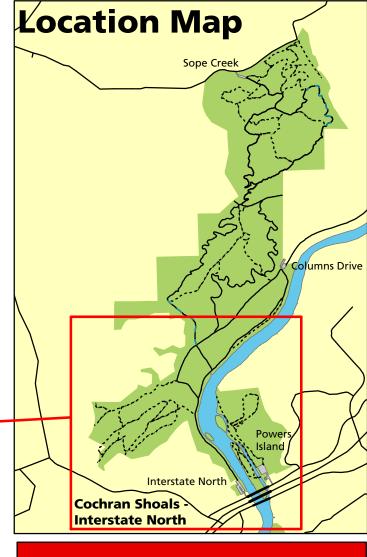
Cochran Shoals - Interstate North





Rules of the Trail

Protect the trails – don't ride after rain.

Bicyclist muet follow one-way signs

10 MPH speed limit for bicyclist.

Bicyclist must yield to pedestrians.

Protect yourself – always wear a helmet.





Visit http://go.usa.gov/2swm or scan the code to view map.